

With **Christ** at the
centre, our *Dream*
is for **greatness** in our
learning, to
Believe in our
unique talents, to be
Guardians of
life & creation
and to *Achieve*
a **better world**, by
living life to the **full**.



Subject Leader Report
2020-2021
Physical Education

Dream Believe Achieve



DEMOCRACY



INDIVIDUAL
LIBERTY



RULE OF LAW



MUTUAL
RESPECT &
TOLERANCE



Dream Believe Achieve



Intent

At St Joseph and St Bede, we strive to create a culture which aims to inspire an active generation to enjoy PE, encourage each other and achieve. We provide a safe and supportive environment for children to flourish in a range of different physical activities which is essential in supporting their physical, emotional, spiritual, social and moral development.

At St Joseph and St Bede we offer a dynamic, varied and stimulating program of activity to ensure that all children progress physically through an inspirational, unique and fully inclusive PE curriculum. We encourage all children to develop their understanding of the way in which they can use their body, equipment and apparatus safely yet imaginatively to achieve their personal goals. All children have the opportunity to enjoy being physically active, maintain a healthy lifestyle and using the medium of sport, increase their self-esteem. We aspire for children to adopt a positive mind-set and believe that anything can be achieved with determination and resilience.

The aim of Physical Education is to promote physical activity and healthy lifestyles. Children are taught to observe and produce the conventions of fair play, honest competition and good sporting behaviour as individual participants, team members and spectators. Thus embedding life-long values such as co-operation, collaboration and equity of play.

We provide opportunities for children to learn how to stay safe by starting swimming lessons in Y3 and Y5 and continuing until children have become confident in the water, knowing how to keep safe and also meet the National Curriculum requirements of swimming.

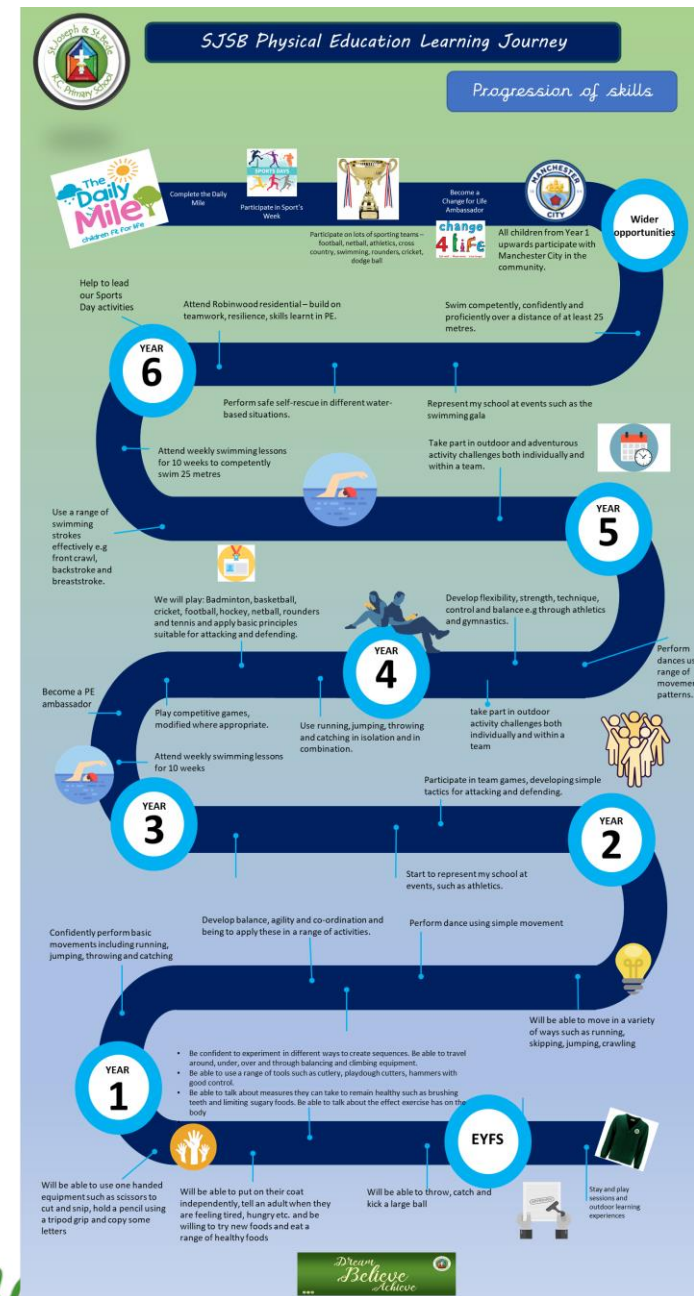
Our PE Curriculum, along with PSHE and science, teaches children about the importance of healthy living and learning about the need for good nutrition. At St Joseph and St Bede we aim for children to develop the necessary knowledge and skills which will have a positive impact on their future by becoming physically active citizens to benefit their long-term health and well-being.

Dream Believe Achieve



Implementation

The Physical Education learning journey as the children move through school life.



Dream Believe Achieve



Mr Ennis - SC Education

Mr Ennis provides high quality PE provision for our school. He is a large part of the school life, building great relationships with the children and staff. Mr Ennis teaches in line with the National Curriculum expectations and assists with extra-curricular activities.



Mr Whalley
@whalley_mr

@StJosephStBede Our fencing lesson was a huge success with the children learning how to advance, retreat, thrust, lunge and show respect to their opponent. #SJSBPE



Tweet



SC Education Ltd
@SCEducationLtd

Our work out front last week at @StJosephStBede 🙌🙌







Dream Believe Achieve



The children have been encouraged to exercise for their mental health and wellbeing both in school and at home. Workouts have been sent home and Mr Ennis setup a YouTube teaching channel that the children can tune in to.

Challenges

-  Challenge 1 - 10 Pin Bowling
Mr Ennis
175 views · 5 months ago
-  Challenge 2 - Football Penalty Shoot Out
Mr Ennis
208 views · 5 months ago
-  Challenge 3 - Basketball/Netball
Mr Ennis
165 views · 5 months ago
-  Challenge 4 - Badminton/Tennis
Mr Ennis
186 views · 5 months ago

Mr Ennis - SC Education







Mr Ennis




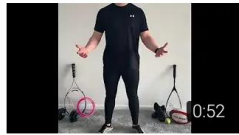

186 subscribers

SUBSCRIBE

Lessons

-  Lesson 1 - HIT Training
Mr Ennis
659 views · 5 months ago
-  Lesson 2 - Jelly Legs
Mr Ennis
383 views · 5 months ago
-  Lesson 3 - Trip to the Zoo
Mr Ennis
341 views · 5 months ago
-  Lesson 4 - Sports Moves
Mr Ennis
160 views · 5 months ago

Impossible Challenges

-  IMPOSSIBLE CHALLENGE 1
Mr Ennis
148 views · 5 months ago
-  IMPOSSIBLE CHALLENGE 2
Mr Ennis
141 views · 5 months ago
-  IMPOSSIBLE CHALLENGE 3
Mr Ennis
149 views · 5 months ago
-  Bloopers
Mr Ennis
401 views · 5 months ago
-  IMPOSSIBLE CHALLENGE FAILS
Mr Ennis
131 views · 5 months ago



Mr Whalley

@whalley_mr

Feeling energetic? Create your own exercise circuit using these cards. Each exercise has 3 levels of difficulty to challenge yourself at the appropriate level. Exercise is a great way to keep your body and mind healthy.

#SJSBPE



Dream Believe Achieve



City in the Community

Our City coaches increase children's levels of physical activity, improve teacher's confidence and competence, when delivering PE and School Sport and increase children's, enjoyment, engagement and confidence in PE and School Sport.

We have also taken part in the City Lifestyles Programme.

USING FOOTBALL TO SUPPORT HEALTH, EDUCATION AND INCLUSION FOR CITY KIDS ACROSS THE WORLD

Manchester City's community story began in 1880 when the Connell family in Gorton harnessed the power of football to support their local community.

Today, our desire to bring positive change to communities in Manchester and across the world through football is as strong as ever.

With support from our passionate fans, we're using the 'football effect' to promote health, education and inclusion, to improve the lives of young people in Manchester and all over the world.



Dream Believe Achieve



City in the Community

Manchester City donated large amounts of sporting equipment to the school. They also donated sanitiser to help the fight against COVID 19.

We were lucky enough to launch the CITC Children's Mental Health initiative. UKS2 had a guest appearance from professional Manchester City player - Aoife Mannion where they spoke about all things mental health. The interview was shown on the City website and was aired on their channel before the Everton Premier League match - amazing!



Dream Belief



Aoife Mannion

@aoifemannion_

Lovely to do a zoom Q&A with some year 6 kids. Such a tough time for them.. so nice to hear all about how they are exercising and learning.. we had a dart player.. basketball... Thai boxing.. art.. math puzzles.. when I was that age I did tin whistle and that was about it 🤔👏💙

16:45 · 05 Feb 21 · [Twitter Web App](#)



Mr Whalley

@whalley_mr

Great to work with @ManCity and arrange this great opportunity for the children at @StJosephStBede, especially with it being such an important initiative. #SJSBPE #ChildrensMentalHealth



Manchester City @ManCity · 17 Feb

@aoifemannion_ and @gembon23 helped celebrate the launch of a new @citctweets mental health project, and took time out to discuss how they stay mentally positive both on and off the pitch 💙...

16:40 · 17 Feb 21 · [Twitter for Android](#)



Mr Whalley

@whalley_mr

Thank you for taking the time to speak to our children. It was a fantastic experience for them to speak to an elite athlete. Best of luck for the rest of the season. @StJosephStBede #SJSBPE



Aoife Mannion @aoifemannion_ · 05 Feb

Lovely to do a zoom Q&A with some year 6 kids. Such a tough time for them.. so nice to hear all about how they are exercising and learning.. we had a dart player.. basketball... Thai boxing.. art.. math puzzles.. when I was ...

22:33 · 09 Feb 21 · [Twitter for Android](#)

|| View Tweet activity



Extra-Curricular Sport

Unfortunately, due to COVID 19, extra-curricular sporting activities have been cancelled. We are still part of the Bury Sport Community and Mr Whalley has engaged in the virtual sports meetings this year. We have managed to enter an Athletics competition in July, at Bury track. This will hopefully be the first step back in to more regular extra-curricular sport for St Joseph and St Bede.

Dream Believe Achieve



Mr Holden
@MrHoldenSJSB

An amazing sports day!
Congratulations to St Joseph's
House who took the most points
for Class 8. We look forward to
finding out the overall winners!
Superb efforts from everyone
#sjsbPE @StJosephStBede



19:37 · 28 Jun 21 · Twitter for iPhone

Sports Day!

After missing out last year due to restrictions, Sports Day successfully took place in June this year. The competitions ran over 5 days of sport, staff and children both commented on how much they enjoyed their day.



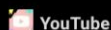
Miss Burke
@MissBurke11B

and this afternoon we enjoyed
our Sport's day in the sunshine!
@StJosephStBede #SJSBpe
#SJSBmaths



Miss Wheeler
@MissWheeler10

Well done to Class 9, who
showed fantastic teamwork
and sportsmanship
today during Sport's Day!
#dreambelieveachieve 🏆
#SJSBPE

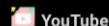


Class 9 Sport's Day 2021



Mrs Daly
@daly_mrs_

What a fantastic effort from all of
#sjsbclass10 at our class sports
day. So many personal bests and
so much team work on display -
here are some highlights ☀️☀️
☀️@StJosephStBede #sjsbpe
#proudteacher



Class 10 Sport's Day 2021



Miss Keiley
@MissKeiley

Class 4 absolutely loved Sports
Day yesterday! We loved cheering
our friends on and we never gave
up. Well done Year 1 and 2 🙌🙌
@StJosephStBede #sjsbpe



Miss McCaffer
@MissCMcCaffer

On your marks, get set, GO!
Class 6 showed amazing
sportsmanship this morning on
#sportsday, 110% effort given in
every event. Team work makes
the dream work! 🏆🏆🏆 #sjsbpe
@StJosephStBede





Robin Wood and the Daily Mile.

The Daily Mile continues to be ran throughout school, this helps to keep the children active every day. We are very excited to see all the sporting challenges our Year 6 children undertake on their annual visit to Robin Wood.

Reception at @StJosephStBede have enjoyed completing @_thedailymile this morning #dailymile #SJSBPE



Miss Wheeler
@MissWheeler10

Excellent rock climbing skills from Wood Group @StJosephStBede #SJSBPE



21:12 · 22 Jan 20 · Twitter for iPhone

1 Retweet 5 Likes

Reception at @StJosephStBede have enjoyed completing @_thedailymile this morning #Dailymile #SJSBPE



Dream Believe Achieve



Monitoring.

Due to differing break/lunch times, Mr Whalley is often able to drop in (and join in) to PE lessons.

All teachers received an assessment of the children in their class so they know where each child is up to on their sporting journey through school.

Mr Whalley met with CITC to discuss the following:

- Teachers felt that there needed to be more communication from the current coach for their own CPD.
- Staff felt that lessons were too cross-curricular at times, especially in KS2. Children need to spend that time being active rather than writing.
- To update CITC with the skills that we would like the children to be taught each term in each year group, corresponding with the NC.

Dream Believe Achieve



Next Steps.

Continue to monitor PE lessons with drop ins - checking that the curriculum is being met and the plans are being followed.

Continue to further use the skills that CITC have by signing up for their wellbeing and ICT programmes.

Restart sporting after school clubs and start to enter local competitions.

Continue to gather evidence for School Games Awards.

Dream Believe Achieve