

Be smart on the internet

**S****SAFE**

Keep safe by being careful not to give out personal information when chatting or posting online. Personal information includes your email address, phone number and password.

M**MEETING**

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.

**A****ACCEPTING**

Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

**R****RELIABLE**

Someone online might lie about who they are, and information on the internet may not be true. Always check information with other websites, books or someone who knows.

**T****TELL**

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

You can report online abuse to the police at www.thinkuknow.co.uk

**THINK
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KNOW**
.CO.UK**www.kidsmart.org.uk****KidSMART**

Visit Childnet's Kidsmart website to play interactive games and test your online safety knowledge. You can also share your favourite websites and online safety tips by Joining Hands with people all around the world.



Help with E safety

Many adults can find it difficult to advise their children on how to stay safe on the Internet and when using mobile phones. Chat rooms, Facebook and MSN are all attractive and familiar to young people, but they often lack the maturity to recognise that feeling safe is not the same as being safe.

St Joseph & St Bede School has linked some useful resources for adults and children on its website.



"Feeling safe is not being safe"

The SMART Rules

St Joseph & St Bede School encourages our pupils to follow the SMART rules, which are recommended by

Childnet International and **KidSMART.**

We encourage all adults with a responsibility for the care of young people to support these rules. You can learn about the SMART rules by accessing the "Know it All" website and we have included a copy of this leaflet.

5 smart rules to keeping safe



Questions for you to consider. Does my child...

1. Use the SMART Rules?
2. Know where to go for help if they need it?
3. Know how to report bullying, threats or unwanted attention from adults and peers?
4. Use safe privacy settings on social networking sites like Facebook?
5. Keep personal information private?
6. Know what counts as personal information?
7. Know the difference between private and public space?
8. Keep personal, intimate or embarrassing images and messages off the Internet?

We can help If you need further help on matters concerning your child's safety online, or are concerned about your child's use of information technology, then we are always willing to offer support. We look forward to working with you to keep your child safe and responsible in their use of information technology.



St. Joseph & St. Bede Primary School

9. Allow other people to take personal information and images from them?
10. Know that what they put out on the Internet can come back to embarrass or harm them later in adult life?
11. Know that some adults use the Internet to pursue an inappropriate and predatory interest in children?
12. Have a healthy balance of Internet or gaming time with sleep, exercise and face to face social interaction with friends?

Where to find useful information

1. The "Know It All" interactive resource
www.childnet.com/kia
2. The KidSMART website
www.kidsmart.org.uk
3. ThinkUKnow.co.uk
4. **www.CEOP.police.uk**
To report online abuse to the National Crime Agency



E Safety



If you have any concerns please contact:

Mrs Myerscough—E Safety Co-ordinator

Mrs Connolly—Headteacher

School: 0161 764 3781

Tracey Beswick—Parent Support Advisor Mobile:
07917052019

Information for Parents and Carers